

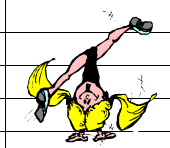




2011-2012 Frederick Gymnastics Club ~ Class Schedule

Parent & Child	Program	Ages	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pre-school	Parents 'n Peanuts	2 to 3 years			9:30 - 10:20		10:00 - 10:50	10:00-10:50	 Birthday Parties Sundays Only 12:00 - 1:30 1:15 - 2:45 2:30 - 4:00 3:45 - 5:15 5:00 - 6:30 Cost: 1-15 children \$150.00/member \$175.00/non-member 1-21 children \$175.00/member \$200.00/non-member Please Schedule as Far in Advance as Possible 301-695-9414
	Tumble Bears	3 to 3-1/2 years	1:00-1:45 4:30-5:15	9:30 - 10:15 11:30 - 12:15 2:00 - 2:45	10:30 - 11:15 1:00 - 1:45	9:30-10:15 11:30-12:15	10:00-10:45 11:00-11:45	9:00-9:45 11:00-11:45	
	Munchkins	3-1/2 to 4 years	1:00 - 1:50 2:00-2:50 5:30-6:20	9:30 - 10:20 1:00 - 1:50	10:30 - 11:20 1:00 - 1:50	11:30-12:20 4:30-5:20 6:30-7:20	10:00 - 10:50 11:00 - 11:50	10:00-10:50 11:00-11:50	
	Kindertots-Plus	By invitation only				9:30 - 10:30	2:00-3:00		
	Kindertots	4 years	1:00 - 1:50 2:00-2:50 5:30-6:20 6:30-7:20	10:30 - 11:20 11:30 - 12:20 1:00 - 1:50 2:00 - 2:50	9:30 - 10:20 10:30 - 11:20 11:30 - 12:20	10:30-11:20 1:00-1:50 5:30-6:20 6:30-7:20	10:00-10:50 11:00 - 11:50	10:00-10:50 11:00-11:50	
	Tumbletots	5 to 6 years	2:00 - 2:50 4:30 - 5:20 6:30 - 7:20	10:30 - 11:20 2:00-2:50	9:30 - 10:20	10:30 - 11:20 1:00 - 1:50 5:30 - 6:20 6:30 - 7:20	10:00 - 10:50 11:00 - 11:50	9:00-9:50 11:00-11:50	
	Leap & Learn - 3's & 4's	3 & 4 year olds		12:30 - 3:00	**this class meets 2X/wk	12:30 - 3:00			
Adult	Get Fit	Adult - Unlimited Classes/Week	7:30 - 8:30		7:30 - 8:30	11:30 - 12:30 7:30 - 8:30	11:00 - 12:00		
Recreational Classes	Supertots	By invitation only			12:30 - 1:30	this class meets 2X/wk	12:30 - 1:30		Cost: 1-15 children \$150.00/member \$175.00/non-member 1-21 children \$175.00/member \$200.00/non-member Please Schedule as Far in Advance as Possible 301-695-9414
	Superstars	By invitation only			this class meets 2X/wk	4:00 - 5:30	PRE SCHOOL OPEN GYM 12:30-2:00 Ages 6 & under \$5.00 members \$10.00 non-members 12 and under welcome when school is closed	10:30 - 12:00	
	Girls Level A	K thru 2nd grade	4:00 - 5:00			4:30 - 5:30 6:30 - 7:30		9:30 - 10:30	
	Girls Level B	1st grade & up	4:00 - 5:30 5:30 - 7:00 7:00-8:30		HOME SCHOOL OPEN GYM Preschool welcome 2:00-3:30 \$5.00 members \$10.00 non-members	4:00-5:30 5:30-7:00 7:00 - 8:30 4:00-5:30		10:30 - 12:00	
	Girls Level 1	1st grade & up	5:30 - 7:00 7:00-8:30			5:30-7:00 7:00 - 8:30		10:30 - 12:00	
	Girls Level 2	1st grade & up	7:00 - 8:30			5:30 - 7:00		8:00 - 9:30	
	Girls Level 3	1st grade & up	7:00 - 8:30			5:30 - 7:00			
	Advanced Gymnastics	By invitation only				this class meets 2X/wk	7:00 - 8:30	8:00 - 9:30	
	Skip Wizard	1st grade & up					7:00 - 8:00		
	Trampoline 1	1st grade & up	5:00 - 6:00						
	Trampoline 2	1st grade & up				6:30 - 7:30			
	Boys A	K thru 2nd grade				5:00 - 6:00			
	Boys Level 1	1st grade & up				5:30 - 6:30		9:30 - 10:30	
	Boys Level 2	1st grade & up	6:00 - 7:30						
Universal Tumbling with Ms Leigh	Tumbling Level 1	1st grade & up	4:30 - 5:30		5:30-6:30		FRIDAY NIGHT OPEN GYM Each Friday Evening of the month beginning 9/9/11 8:00-9:30pm Kindergarten & up \$5.00 members \$10.00 non-members		 Great Job! SKILLS & SPILLS AWARD SHOW JUNE 10
	Junior Tumbling Level 2	1st - 6th grade	5:30 - 6:30		4:30-5:30				
	Senior Tumbling Level 2	7th grade & up	6:30 - 7:30						
	Tumbling Level 3	1st grade & up	6:30 - 7:30		6:30-7:30				
	Sr. Cheer Tumbling	7th grade & up	7:30 - 8:30			3:30-4:30			